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## Rice shaped konjac product

**Ingredients of the ready-to-use product:** Konjac flour (18%), tapioca starch, hydroxide & citric acid tapioca sirup, acidity regulators: calcium

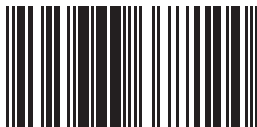
**Cooking Instructions:** For the perfect consistency: Boil one rice portion (70g) with 1000ml of lightly salted water for 10 minutes. Remove from the heat and leave the rice for another 10 minutes with the lid closed until all water is absorbed. Enjoy with a delicious sauce or some sautéed vegetables.

<b>Nutrition facts</b>	<b>Per 100g (dehydrated)</b>	<b>Serving (200g)</b>	<b>%RI per portion</b>
<b>Energy</b>	156kJ / 38kcal	312kJ / 76kcal	4%
<b>Fat</b>	0g	0g	0%
of which saturates	0g	0g	0%
<b>Carbohydrates</b>	0.6g	1.2g	0%
of which sugar	0g	0g	0%
<b>Fiber</b>	18g	36g	
<b>Protein</b>	0g	0g	< 1%
<b>Salt</b>	0g	0g	0%

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Store in a cool, dry place

**Shileo GmbH**  
Metzer Str. 14  
DE-10405 Berlin



0795663377100

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